



# Heart To Hand Charity Newsletter 2020



Dear friends of Heart To Hand,

Welcome to the 2020 edition of our Newsletter. Our charity is 29 years running this year! We would like to take this opportunity to thank you most sincerely for your continued support of our charity. It has been a very busy and difficult year with the COVID-19 Pandemic arriving in early March. The COVID-19 has massive implications on our charity.

We had to cancel all our food collections in shops, schools and churches. We removed all our biro boxes, cancelled our clothes sale and every fundraising event that was planned had to be cancelled. Our shoe boxes had to be cancelled, Our overseas Humanitarian aid has been put on hold. However, we have done everything we can to help those in need. Our food Aid deliveries continue in Dublin and Limerick. We sent funding to Albania to help with the COVID-19 and to help those who are still in emergency tents following the earthquake in December. Heart To Hand is a small charity and survives only on the generosity of all our friends and supporters.

**Funding** for 2020/2021 is going to be very important for the survival of the charity. We have no paid staff, we are all volunteers. We receive no funding from the government. Every euro that is raised goes to helping the poor. If you would like to help with the day to day running costs we would love to hear from you.



Kieran Byrne,  
Director and Founder.



Heart To Hand was delighted to be making a delivery of Easter Eggs to our very own **Marion Lynders** in the Mater Hospital on Easter Saturday, A nurse in the Emergency department, Marion is also a volunteer with Heart To Hand, along with her Mother, Mary Lynders and extended family. The Lynders have been fundraising for Heart To Hand for the past 29 years!. Marion spent the day ensuring everyone in the Mater received an egg, she even went out to the Ambulance crew. She went home empty handed but in her own words " I honestly don't care, because the joy I've seen today has made this Easter so very special for me" Well done Marion working on the front line! We in Heart To Hand are very proud of you.

Humanitarian Aid Deliveries.	Earthquake In Albania	Delivering Easter eggs frontline workers on Easter Saturday	A look back at some building projects
------------------------------	-----------------------	---	---------------------------------------

## Humanitarian Aid To Albania



Heart To Hand would like to thank keyline transport drivers ,**Liam Dempsey, Kevin Dunne and John Sullivan** for safely delivering 2 loads of Humanitarian Aid to Albania in time for Christmas. They arrived at their locations and began unloading over 20 tonne of aid in each lorry all by hand. Thanks to all in Albania who helped them with unloading. Well done lads! Albania was recovering from the devastating earthquake a few days earlier and all aid at this time was very welcome. These loads also contained the Christmas Gift Boxes. Thanks to all who donated in any way to these loads.



**Neil Lynch**, Managing Director, OMC Technologies, presenting a cheque to **Pat Whelan**, Heart To Hand Charity.

This very generous donation is in lieu of traditional Christmas presents given to customers. This is just one of the many times a year OMC supports Heart To Hand. They have supported numerous projects with us throughout the past year. OMC Technologies have been supporting our charity for 15 years now and we are extremely grateful. All building g projects carried out to date always had the backing of Tom & Margaret Comerford . This always allowed us to go ahead knowing we would have their support if anything went wrong. Thanks to all in OMC.

### Masses Offered

Mass is being offered for all our deceased volunteers and for every member, supporter and volunteer and for all who donate and help in any way.

### Volunteer drivers - Myles Doran & Pat Cody

Our thanks to Myles and Pat for the endless hours spent delivering Food Aid around Ireland. Without their continued support we would not be able to continue. We are so grateful for your hard work and dedication to those in need. God bless you both.



# Massive Earthquake in Albania killing 51 People in December 2019 .



DURRES, Albania: A powerful earthquake that killed 51 people, and buried more victims of the disaster including toddler twins and their mother.

The 6.4-magnitude quake, the country's worst ever, struck on Tuesday, centred 30 km west of the capital Tirana. It was felt across the Balkans and in the southern Italian region of Puglia, on the other side of the Adriatic Sea from Albania.

There have been hundreds of aftershocks, some with a magnitude of more than 5.0, rocking already damaged buildings and terrifying residents.

On Saturday, rescuers called a halt to efforts to find survivors in the rubble. At the Mira Mare hotel, on the Adriatic seafront in the city of Durres, a mechanized digger had ground to a halt near the ruins of concrete slabs, water boilers, mattresses and curtains from the six-story building.

"No other bodies were found at the Mira Mare," a government spokesman said.

Survivors were given shelter in a local stadium where tents were erected. Unfortunately for some they are still there . COVID-19 has stopped any progress and having lost everything including their home they have nowhere to go. Heart To Hand sent out 2 loads of humanitarian aid days after the earthquake but they need much more help.

**Make a donation:** contact any member of Heart To Hand or contact us on 087 2745570 or 086 8240978 or simply log onto our website [www.hearttohand.net](http://www.hearttohand.net) and donate on line.

**Direct debit/Standing Order of your choice.** To set up a direct debit or standing order please complete the form on the back page and return to Heart To Hand , Scarnagh, Gorey, Co Wexford  
Any help would be greatly appreciated..





## Easter Egg donations to Front Line workers.



Mater Hospital



St Vincent's Hospital



University Hospital Limerick



Portrane

On easter Saturday Heart To Hand delivered 3400 Easter eggs & 1800 celebrations easter packs . We received this massive consignment from **MARS Ireland** who were more than accommodating when we contacted them requesting a small amount for one hospital. When Aoife Hanlon from **MARS** heard what we intended to do, she went to work sourcing more and more until she had a full lorry for us. Thanks to volunteer Cornelia Brouder for all her work with **MARS** and coordinating the collection and deliveries. We delivered the eggs and celebrations to : **The Mater Hospital, St Vincents Hospital, St James Hospital, Nenagh Hospital, Nenagh Garda Station, Killaloe Garda Station, Sue Ryder Homes Nenagh, Lakeside Nursing Home Killaloe, University Hospital Limerick, Maternity Hospital Limerick and Roxboro Garda Station.**



Nenagh Hospital



Our thanks to OMC Technologies for the lorry, forklift, warehouse and volunteers Noel Fehily and Seamus Collins who helped to collect and deliver the Easter eggs.





## Christmas Gift Boxes and Shoe Boxes



Coolgreaney National School Co Wexford. Thanks again for your fabulous boxes.



Natural Health Life Rathnew, Wicklow. Thanks for the donation of shoe boxes



Glenstall Abbey, Co Limerick. Thanks to all the students and to Lisa Holly for organising the collection.



Mount Anville National School Goatstown Co Dublin. Thank you very much.



A very excited group of children receiving their Christmas shoe boxes from Heart To Hand in Shkoder Albania.



## Christmas Shoe Box Celebration Mass in Tirana , Albania.



These beautiful images were taken in the Cathedral in Tirana . The Christmas shoe boxes from Ireland are all laid out for the children to receive them. They went to great lengths to display IRELAND on the altar for all to see and to let the children of Tirana know where the boxes came from. Thanks to Fr Marjan and Sr Teresa Marie MC for all the work they do with the people of Tirana and surrounding areas. Hopefully we can send some aid and support this Christmas. As covid is still affecting our travel we will just have to wait and see.



### Christmas Shoe Boxes 2020.

As the Covid is still restricting the collection of shoe boxes we have appealed to schools to look at a different way to help. Schools can donate on line, collect a similar amount to what the contents would amount too . We can transfer the money for the Missionaries Of Charity to help the families in time for Christmas. Please contact us if your school would be interested . All contacts on back page of this newsletter or visit our web site on [www.hearttohand.net](http://www.hearttohand.net)





RDE Electric, winners of the annual Phil Purcell soccer tournament in the Ursuline convent Thurles. Thanks to all the teams, players and organisers.



"GIVING FROM THE HEART TO THE HAND THAT NEEDS"

## 5 A-Side Soccer Tournament

in aid of  
**Heart to Hand  
Albanian Project**

**Saturday 12th October 2019 @ 5pm**  
**Ursuline Convent, Thurles**

**€120 per team**

Full proceeds going to the  
Heart to Hand Albania Fund

We would welcome local  
businesses, groups or friends  
who would like to enter the  
tournament to contact  
Phil on 087-2420074

Light refreshments &  
presentation of cup in  
Noel Ryan's Pub  
afterwards

Heart to Hand Charity No: CHY 11391



Heart To Hand would like to thank Pallet Xpress for their very kind donation to our charity. Photo shows Tommy Carr, Managing Director, Pallet Xpress presenting the cheque to Pat Whelan, Heart To Hand Charity. Also pictured is Jimi Pilinci, Volunteer with Heart To Hand.



Heart To Hand would like to thank Alltrans, Warehousing & Distribution for their very kind donation to our charity. Photo shows Paul Touhy, Managing Director, Alltrans presenting the cheque to Pat Whelan, Heart To Hand Charity.

## DONATIONS

Heart To Hand would like to thank all those who donate in private, donate on line, sign up to direct debits and continue to support our charity work without any recognition. We really appreciate everything you do for our charity.

If you would like to donate please visit our web site [www.hearttohand.net](http://www.hearttohand.net) where you can donate on line, make a donation, direct debit or credit transfer. Full details are on the back page of this newsletter.

Thanks to everyone who supports our charity in any way, we really appreciate it.

This year has been very tough on our fundraising with the covid ending every event and fundraiser we had,

We hope 2021 will be covid free for everyone and we can get back to normal !.



## Food Aid Deliveries in Limerick



Heart To Hand continue to support charities in Limerick who are doing excellent work in their localities. Thanks to Camila O'Brien and all her volunteers for the work they do.

Thanks to Munster Logistics for their continued support with warehousing, storage and forklift assistance. We really appreciate your help.



Camilla O'Brien Volunteer, Limerick .

Earlier this year volunteer **Camilla O'Brien** a heart To hand volunteer in Limerick made short video which can be viewed on our Facebook page "Heart To Hand Charity" We would like to thank Camila for her time and her kind words on how the food aid from Heart To Hand is helping those in need in her areas.

Camilla has a large group of volunteers who turn up to help at very short notice to help with food aid distribution, we want to thank all of you for your hard work and commitment.



Pat, Martin & Myles after a busy morning unloading the food.



## Food Aid Deliveries in Dublin.

Heart To Hand continue to support charities in Dublin who are helping the homeless. Our aim is to always seek out the smaller organisations that are operating on a very small budget. If we can provide food aid it will help these charities to divert funding towards essential services such as building repairs and maintenance, vehicles to deliver the food, purchase a freezer to store frozen foods and help with expenses.

As we are an established charity for the past 29 years, we receive food aid from several different sources who know when they donate to Heart To Hand that it will be distributed to a good and worthy cause.

We have been supporting several established charities in Dublin for many years and these charities are listed on the back page of this edition.

The following are charities and organisations we have made contact with recently and support on a regular basis in and around Dublin.

- Inner City Helping the Homeless
- Liberty Soup Run.
- Criti Call
- Little Flower.
- Ballyfermot Helping The Homeless.
- Rialto Old Folks and Youth Project.
- Connelly Children's Creche.
- Moyne House Elderly Residents.
- Kevin Street Residents.
- Ivy Trust, Kevin Street.
- Ivy Trust, Cork street.
- Families in the Liberties.
- Families In Clondalkin.
- Families in and around Dublin.
- We assist anyone who is need of food.



Liz O' Connor, The Liberties , Dublin.

Earlier this year volunteer **Liz O Connor** in Dublin, made short video which can be viewed on our Facebook page "Heart To Hand Charity" We would like to thank Liz for her time and her kind words on how the food aid from Heart To Hand is helping those in need in her areas. Liz does excellent work and we are grateful for her help with the food deliveries.



**Kerry Group** continue to make Heart To Hand their charity of Choice when donating food aid. We are very grateful for all the fabulous food we receive. The quantity and quality of food is always received with gratitude and thanks from all who receive it.

Kerry Group have made it possible for us to distribute food aid on almost a daily basis and the charities and organisations who we support are so grateful.

Kerry Group and Heart To Hand have come together to ensure that no food is wasted and that all Food Aid is delivered straight to the people who need it most.

Thanks to all in Kerry Group.



## The Hub of our Charity, Scarnagh, Gorey, Co Wexford



Scarnagh Gorey Co Wexford is home to Kieran Margaret Byrne. Its in this yard it all happens! Lorries are loaded, unloaded, the Humanitarian Aid is all planned from here. Kieran & Margaret are a great team, every lorry that leaves the yard is packed with love . They have some great neighbours and friends that help them with the charity.

Every day something leaves this yard to help someone somewhere. 29 years is a long time and many long days and late nights were spent here loading the lorries and vans , all to help people in need. Thanks Kieran & Margaret.



Kieran Byrne, The Boss!



Margaret Byrne, The real Boss!



Photos from a recent Humanitarian Aid loading in Scarnagh.



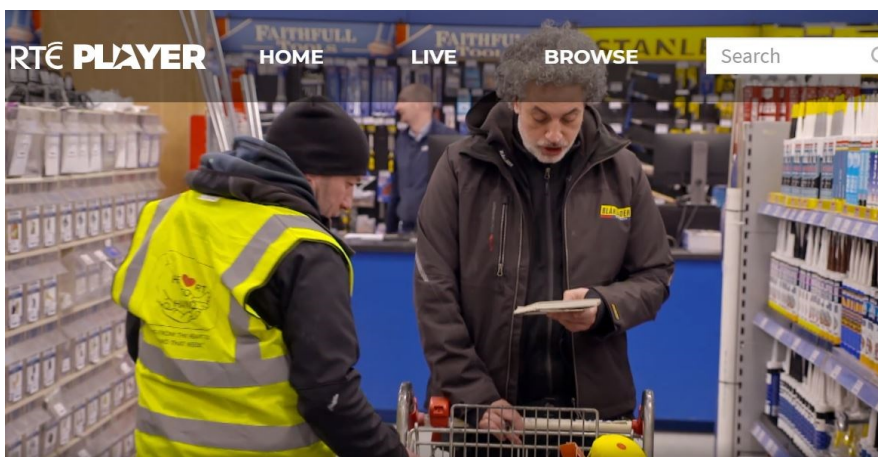
## Building Projects 2019/2020



Heart To Hand volunteers have taken part in 3 DIY SOS projects in the past year. The first was in Annacarty, Co Tipperary, followed by Limerick and a few weeks ago we took part in the Leixlip build. These projects are life changing for the families who receive help and we are glad to be able to help. There are too many volunteers to mention for all 3 projects so we just want to thank each and everyone of you. Thanks to all the suppliers who we

contacted to help out. Thanks to Peter Harrington, Delta Valves Cork, a long time friend of our charity who was called on late in the Leixlip project to supply plumbing materials. Thanks Peter.

The first of these RTE programmes was aired on Sunday 18th October @ 6.30pm where you got to see how the families homes were transformed in only a few days. Thanks to all involved. These programmes can be viewed on the RTE 1 Real player. All suppliers are named on the credits at the end.



Above, Johnno & Baz on a shopping trip to McMahons Limerick.

Right: Pat Whelan & Baz on the Tipperary project.



Eve's Big Build, Cullen Co Tipperary.

Heart To Hand volunteers taken part in Eve's Big Build in Cullen, Tipperary. Pictured: Stephen Dwan, Martin Gleeson, Kevin Power, PJ Gleeson, Tomas Gleeson, Dominic McGonigle, Eamon Dunne Pat Whelan and David Farrell. Others who are volunteering, Joe Bourke, Dinny O Dwyer, John Mockler, Marcella Maher and all the TY students from Glenstall who have taken part.

Thanks to Maurice Doody Sales Limerick for giving us supplies to get started, OMC for the Hi Vis jackets, Garland for their services, Tipperary energy for their help and supplies.

Please visit: Eve the warrior princess for details of Eves condition and Eve's Big Build on Facebook for all details on this project.

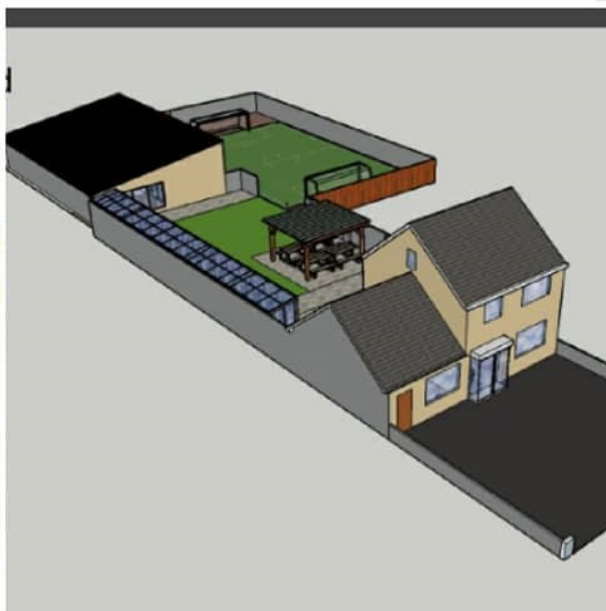
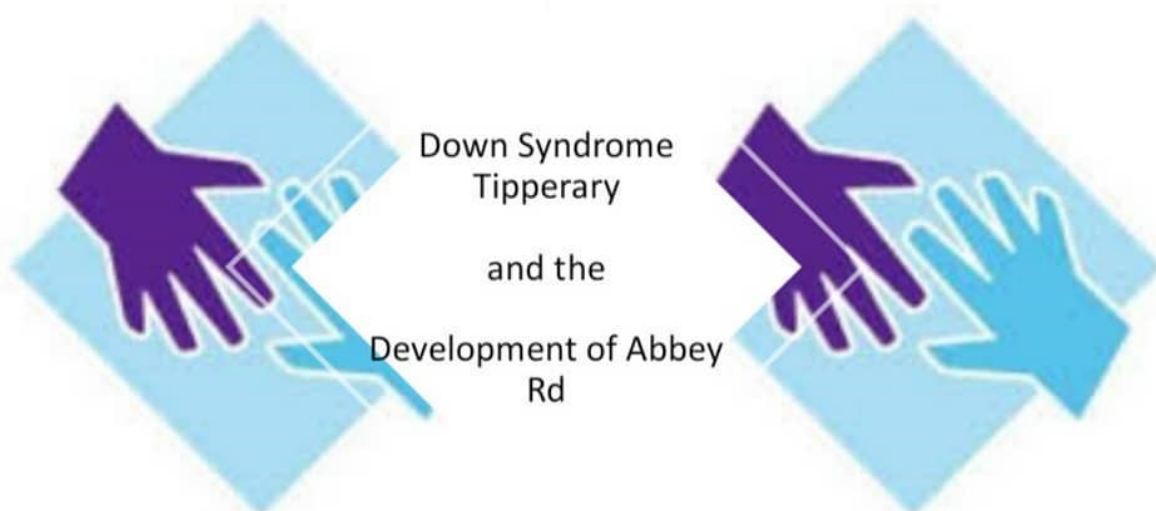




## Down Syndrome Tipperary Branch.

We have recently started a renovation project for Down Syndrome Tipperary in Thurles, following their recent purchase of a House and 2 workshops. We plan to help and support the renovation of the 2 workshops, existing house and side extension to bring them up to today's standards. This will involve new insulated roofing, insulated floors, new windows, doors, electrics, plumbing and garden works. We are delighted to be able to assist with this project and we really look forward to the finished building in Jan 2021. The staff and volunteers do amazing work. Below is an extract from their website. Full details will be in next year's edition.

*"Down syndrome Ireland Tipperary branch is run on a voluntary basis by parents and families of children/adults with Down syndrome. We offer a wide range of services including Parentlink, a group of parents who have received training to be a first point of contact to new parents, and families. We employ a senior Speech and Language therapist, Susanna Stokes, two days a week to work with our members. Susanna gives a home programme for parents to follow at home. We also provide music therapy/Kindergym for our younger members and a Therapeutic Fitness Instructor works with our over six year olds".*





## A look back at some of our construction projects over the past 26 years.

Although established in 1991, Heart To Hand didn't start on charity builds until 1994 when a lorry full of building materials left Scarnagh to make the long journey to Albania . Our first construction project was to build a church in the Northern town of Dukagjin in Albania. At the time Albania had been rocked by years of communism and deprived of any help from the outside world until 1991 when the communism era was ended.

There was a request to build a church in Dukagjin Albania , as all churches were closed and most were destroyed during the troubled years. Heart to Hand agreed and so a plan was put in place to get all the materials required and have them transported to Albania. This was no easy feat as the roads in northern Albania were not fit for articulated lorries and the journey up there from the boat was very daunting. There was little or no tarmac and with heavy rain the conditions often became impassable. This did not stop haulier Kieran Byrne and the consignment made it all the way.



The loading of all the building materials in Scarnagh Gorey where all projects start. The lorry was loaded to the roof with no free space. It was filled with building materials and food.



The windows for the church being loaded in Scarnagh. So much care and attention is put into every load and to this day its still the same in scarnagh.



Main street Tirana, Capital of Albania . 1994. Our drivers assess the road conditions before heading up the country.



## Dukagjin Project, Albania 1994



Scaffold up and tagged for safe access!



The Volunteers.

With the materials safely delivered work commenced on the beautiful church. It was an old stone building which needed a complete restoration. Lots of the arches had collapsed and had to be modelled. A new roof was required along with doors and windows. Kieran was on hand to ensure the build was up to standard and that everything Heart To Hand put their name to would be a quality building.



Window Arches



Above you can see the amazing arches which were reconstructed. The arch windows were modelled and set and the building took shape. Following weeks of hard work the building started to reach completion. This was a massive undertaking by the locals and one that would never have been completed without the supply of material and tradesmen from Heart To Hand. This project was the start of a long and wonderful relationship with the people of Albania. Heart To Hand continue to send materials and tradesmen and women to Albania. Full details of these projects can be found in this edition of the newsletter.

Pictured right is Kieran Byrne Founder and director of the Heart To Hand Charity. Kieran was inspecting the finished product and always tries to give the best the charity can offer when constructing buildings.



## Dukagjin, Albania 1994



Torch on felt being applied.

Above a photo from the front of the completed church in Dukagjin .

Many other projects were completed around this time also with family holmes getting some repairs and a lot of torch on felt was put onto the concrete roofs. Concrete was a fast and accessible way of putting a roof on a house, however it offered no insulation and eventually let water through into the family homes.

The fastest solution was to cover the roof with torch on felt which we transported over from Ireland.



## A look back at some of our previous building projects in Romania & Ecuador.



This warehouse was built by volunteers from Arklow in 2007

This building is used to store what Heart To Hand deliver and is also the main store for all food donated. Its a fabulous building 100ft long x 25ft wide. Below is a photo of how the inside looked many years ago when poverty was very high. This warehouse has served the people well and continues to store aid.



Building before - Romania 2005

Warehouse 2008



House in Ecuador supported by Heart To Hand. 2008



Building After - Romania 2005

The above photos show a building which received a makeover by Heart To Hand in 2005. The project was to convert a massive attic into school rooms, offices and toilets for the children of this village.



The house in adjacent photo was badly damaged in an earthquake in Ecuador. It was replaced and can be seen in the picture with the balcony. The projects in Ecuador were carried out by local trades and funded by Heart To Hand. In 2008.



## A look back at some of our previous building projects .



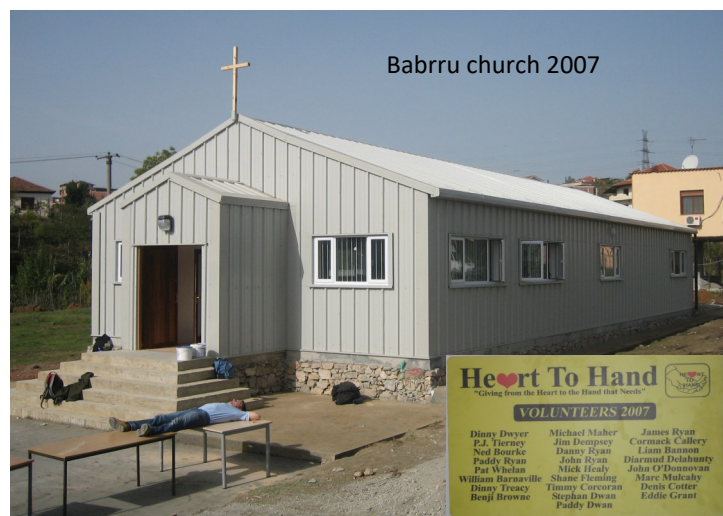
In **2005** we visited Puke in Northern Albania where we carried out renovations to this Missionaries Of Charity Building. We insulated the walls, clad the building, installed a canopy, laid timber floors and installed new windows.



In **2006** we built our first Church in Uzena outside Tirana. This building is used for all ceremonies, children's activities, teaching and much more. Its kept in excellent condition and we often visit when we are in the area.



In **2007** we headed to Babrru Albania where we built our second church . A second team travelled to Lac to build a second storey on the above school and feeding station.



In **2008** we headed to Kodra Kuqe in Albania with our largest group ever! We carried out projects in LAC, Elbasan, Uzena and Aliais.



Church built in **2008** on a steep slope with a school in the lower level. This was a challenging project and one we enjoyed.





Volunteers 2008



House built in 2008 Tirana



Warehouse converted to a church 2008



Orphanage in Elbasan got a makeover by our female volunteers in 2008.



New roof to this building in LAC 2008



Extension to this building in Babrru 2008

In **2009** we travelled to Shkoder to construct this school and church for a small parish. We carried out other projects in Elbasan , Shkoder and LAC.

We painted a school, roofed a play area in an orphanage, installed a well & large power generator . We applied torch on felt to a roof for a family in Shkoder. Installed toilets and a food servery in Tirana. Put a new roof on 2 buildings in Shkoder. Installed a new roof to a water boiler in Puke



It rained pretty heavy in 2009 and made working conditions difficult.



Shkoder 2009



New roof in Shkoder 2009



New bathroom in Shkoder 2009



Food servery in Shkoder 2009



2 new roofs in Shkoder 2009



New roof in Puke 2009



# A look back at some of our building projects in Albania



Volunteers 2009



New bathroom 2009



New fitted kitchen in Elbasan 2009 all the way from Holycross in Co Tipperary.



New roof to the upper playground in the orphanage in Elbasan 2009.



New timber roof construction 2009



Volunteers with family who got a new kitchen and renovations 2009



Church 2010.



In 2010 we travelled to Durres Albania to build a church and complete 3 houses. A second group travelled to Shkoder to build a church and paint the orphanage.



A look back at some of our building projects in Albania



Church in Shkoder 2010



Painting the Orphanage 2010



Small house constructed in Shkoder 2010

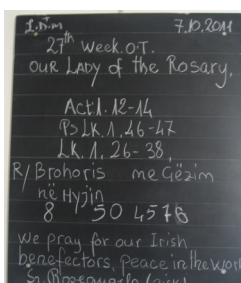
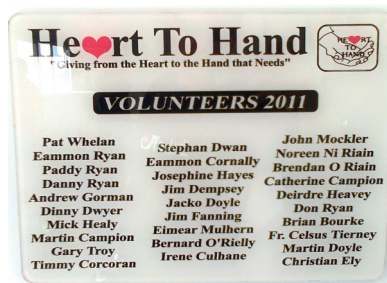


House completed in 2010

Church 2011 Durres Albania

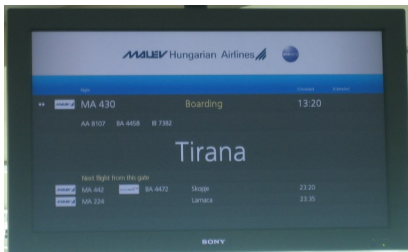


In **2011** we travelled to Durres to construct a new church in a small village outside Durres. 28 volunteers travelled out at their own expense. Over the 10 days the volunteers built the church, completed 2 houses and erected a mobile home on the side of a hill, a challenge for any construction crew. The building in this photo is fully kitted out with toilets, showers, and storage. This building will be used for several different activities.





## A look back at some of our building projects in Albania



Always our final destination!



House completed in 2011



House completed in 2011 with a complimentary seesaw!



Mobile Home completed in 2011



St Lucia Church Spitalla Dures 2012

2012 we took out 38 volunteers to carry out several projects. The church in the attached picture was completed in full with toilets, shower and kitchen area. In Rubik we built a house for a family and the girls converted a garage into a hair saloon for the lady in the house so she could provide for her family. A new church was constructed in Koplik and a new church in Shkoder. A house in Rubik got a new roof. The convent received a new bitumen roof, and extraction hood.



Missionaries Of Charity Sisters at the opening. The altar was made in Tipperary!.





A look back at some of our building projects in Albania



Church in kolpik Albania 2012



Church in Shkoder Albania 2012



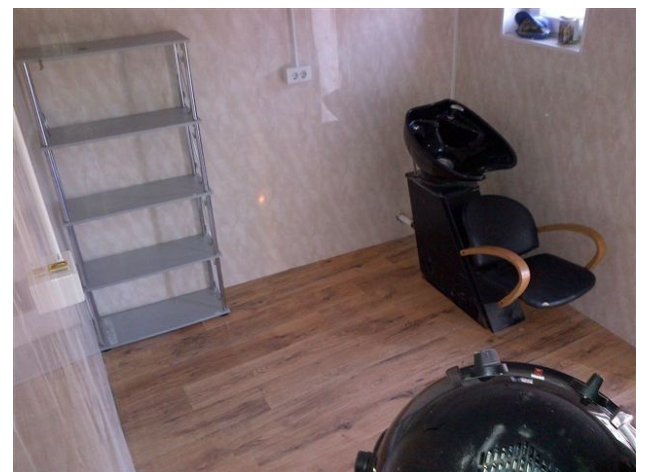
House in 2012



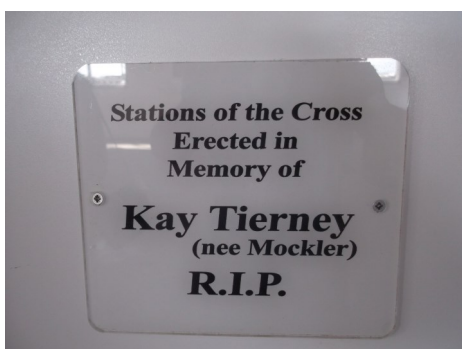
House in Rubik 2012



Torch on felt applied to the convent roof 2012



Hairdressing Saloon 2012



Sr Teresa Marie MC Albania





New Church in Elbasan 2013

In 2013 we headed South to Gostima in Elbasan Albania where we constructed this beautiful church.. This building like all others is used for several activities and it was fully kitted out inside. This year we had 27 volunteers give up their time to help others. We built a second church in Milot and a small school in Puke Northern Albania.

Windows and doors were installed in a house and several other jobs were completed.



New Church in Milot Albania 2013



Thank you poster from the locals in Elbasan. 2013

New Church built in Milot , Shkoder, Albania 2013.



New School in Puke, Albania 2013



School furnished inside 2013

New school built in 2013 in Puke Northern Albania.



## A look back at some of our building projects in Albania



New house built in Shkoder Albania. 2014

In **2014** we constructed a new house in Shkoder, put a new roof on the church in Puke, put a new roof on the canopy, Built a small house in Tirana, roofed a house and converted an attic space in Tirana. Installed a new kitchen in the house in Shkoder .



New house in Tirana 2014



New roof 2014 ,Puke Albania.



New Canopy



New kitchen 2014



New roof and attic conversion to this house in Tirana 2014



Attic Conversion



New roof



Roof timber in progress 2014





In 2015 heart To Hand sent funding to Bishop John Ryan from Holycross Co Tipperary who has spent most of his career teaching and helping the people of Ungweru , Malawi. He got to work straight away and put in the foundations . More funding was sent out and in no time the school was up. Fr John was ordained a Bishop in Malawi in Sept 2016 Fr Celsus Tierney was present for the ordination. Fr Celsus is a volunteer with heart to hand and was delighted to see the finished school. School in Ungweru Malawi helps children with nutrition as they receive a meal each day . For some this is their only meal.



In 2017 volunteers travelled to Albania to install new roofs on houses, carry out essential repairs, install new electrical wiring and new plumbing . Materials were purchased in Albania and it was the first year we did not send a lorry out with building materials. Every year we sent 2 articulated lorries loaded with materials.



New roof to this building in 2017



Volunteers busy at work in Shkoder 2017



New Roof 2017



## Mendicity Project Dublin 2017



Steel Base



Non slip flooring



Insulated walls



Walls and Roof completed



Walls and Roof completed



External Toilet



Pat Whelan, Kieran Byrne & Myles Doran heart to hand



In 2017 we took the short journey to Mendicity in Dublin to construct a workshop for the homeless day residents where they make their arts and crafts. We installed a toilet and canopies over the doors. It was officially opened on 15th May 2017 by Lord Mayor of Dublin Mr Brendan Carr who presented Kieran Byrne with a handmade window flower box made by one of the residents.



## A look back at some of our building projects in Albania

In **2018** it was back to Albania with 19 Volunteers to convert a large basement into a homeless shelter and soup kitchen in Tirana. The basement was divided into 3 sections, Accommodation, Kitchen and toilets and the children's room. We had TY ladies from Tipperary who were tasked with providing a room for children who would be staying in the shelter. They did an amazing job.

In Bushat a second team were working on houses where they installed new roofs, installed fitted kitchens, new electrical wiring and much more.



Then pictures above show some of the works in the children's room, the kitchen and the bed rooms. This basement was in poor condition when we arrived as water had been getting in over the years. Our first job was to fix the water getting in and install a pump to get it out. After several hours the source of the water was identified and the plan was put in place to fit it. This allowed us to dry out the floor and get working on the partitions and other works.



## A look back at some of our building projects in Albania 2018



New hallway and bedrooms. 2018



Kitchen seating area.



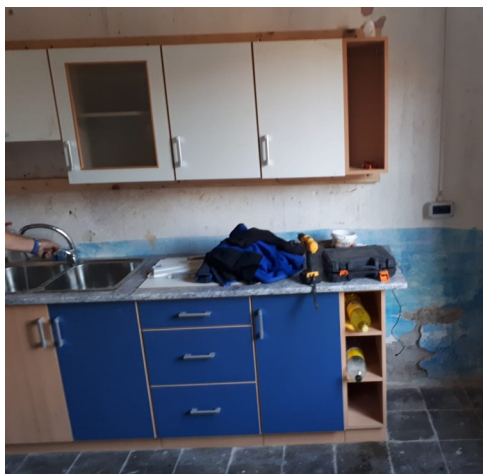
Bedroom shelving



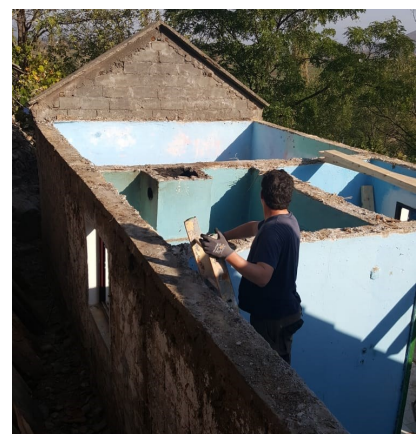
This beautiful statue of St Mother Teresa got a full makeover as part of our trip. Tirana 2018



New roofs 2018



2018 works in Bushat Albania.





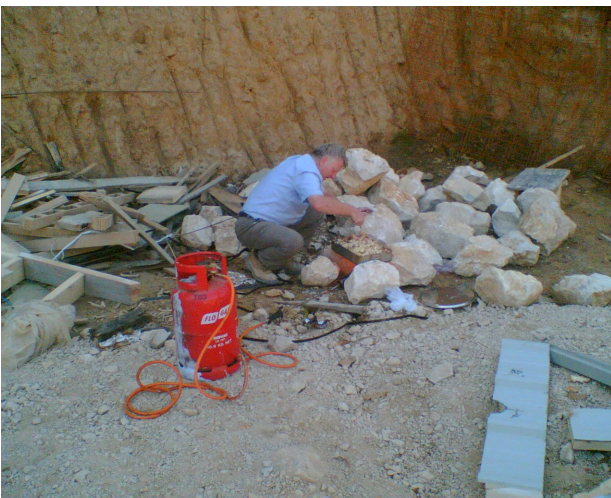
# Morgan Sharpe

As we looked back at the building projects we cannot forget the work of Morgan Sharpe who was secretary of Heart To Hand for a several years. There was no email, facebook, or social media for Morgan to spread the news of Heart To Hand, it was all done through letters! Newspaper articles, and long hours of hard work preparing letters for people who donated, sending thank you letters, making videos of the work and countless fundraising efforts to help keep the charity going and keep the building projects on track.

Morgan travelled whenever he could to take part in the building projects and was never afraid to get stuck in when we were on a tight schedule and things weren't going to plan. Morgan looked after the photography, video and all the PR associated with the building trips.

Morgan worked very hard for our charity as secretary and is still a very good friend of the charity. He is always on the look out for items for our charity and has linked us up with several people for church items that we take out to Albania.

Morgan may have stepped back but his son Gerard is now giving great help to our charity. Gerard keeps our web site updated and registered annually and is always available for anything we need. Thanks to Morgan and Gerard for their continued support.



Man of many talents! Morgan on one of our builds in Albania, heating a stew with a blow torch to ensure the volunteers had a hot meal for lunch!



Morgan, never from our Lord, pictured here at the opening of this beautiful church we built in Albania 2006.



Morgan Sharpe Albania 2005



Morgan with the heart To Hand Volunteers in Albania 2006

Morgan worked for Ordnance Survey Of Ireland until his retirement. OSI continue to support our charity thanks to Morgan. For those of you that know Morgan you can tune into Radia Maria Ireland on internet radio [www.radiomaria.ie](http://www.radiomaria.ie) where you can hear Morgan live on air. Thank you Morgan from all in Heart To Hand.



## **A look back at Outstanding Fundraising by one Dublin Man.**



In 2002 Dublin Man David Dunn wanted to raise awareness and raise money for Heart To Hand after he discovered the work our Charity was doing in Orphanages in Eastern Europe.

David set himself the task of trekking solo around the entire coast of Ireland almost 3,000km!.

He completed this enormous task and along the way raised vital funds for Heart To Hand. When David finally completed his mission he had raised a massive 15,000 for Heart To Hand.

### **Employee donations through work**

#### **Ordinance Survey Ireland.**

Our thanks to the staff of Ordinance Survey Ireland who have been supporting Heart To Hand for many years through monthly donations. We are very grateful to all those who donate and to the administration staff who organise and arrange the donations every month.

#### **Wexford Potatoes**

Heart To Hand would like to thank all the farmers from Wexford who have supplied Heart To Hand with thousands of Tonnes of Wexford potatoes over the past 25 years. We are very grateful for their continued support and commitment to the charity.

Potatoes are an excellent source of food and can be used in so many dishes and in so many ways. We are very grateful to these farmers who don't always have a good year due to weather and other factors but they will always look after Heart To Hand and we cannot thank them enough.

#### **Designer Clothes Sale.**

Due to COVID-19 19 Joanne Skelly was unable to hold the annual designer clothes sale which has become a very popular event in the Lakeside hotel & Leisure Centre Killaloe. This event is very well supported and we a lot of money every year . Thanks to Joanne and her team of volunteers.

The next clothes sale will be held in March if restrictions are lifted.



## George Heaslip RIP



George Heaslip, Rockenham, Ferrybank, Waterford, who died on Monday, 5th October 2020, peacefully, at Maypark Nursing Home, surrounded by his loving family. Predeceased by his wife Elizabeth (Lily) and son-in-law Michael (Parks), George will be sadly missed by his son Ben, daughters Elizabeth (Davis), Noreen (Parks) and Monica (O'Kane), daughter-in-law Catherine, sons-in-law Jim and Steven, grandchildren, great grandchildren, sister Mabel (Heaslip), nieces, nephews, family and friends.

George was great friend of our Charity for many years. He travelled to Albania

We here at Heart to Hand were saddened to receive the news of the death of our dear friend George. George came into the path of our charity & lives when we put out a call for medicines for Albania, not only did he come up trumps for us but asked to go to Albania to talk to the Doctors to see what they needed most, he always delivered the medications every Thursday on his way home. His energy on his arrival to Scarnagh would give you a lift "his half way house". George would phone home to his late wife Lily to let her know where he was & what time to expect him. George now is finally home with his wife Lily. May he now rest in Heavenly peace & no doubt he will receive the crown he so truly deserves R.I.P. Kieran, Margaret & committee. Heart To Hand.

### **Extended sympathies to all our friends, supporters and volunteers.**

Heart To Hand would like to extend their sympathies to all our friends, supporters and volunteers who may have lost a loved one during the year. It was a very tough year for families with restrictions on funerals. There were many funerals we in Heart To Hand would have attended but unfortunately we were not allowed to travel.

Please know there are always masses said for all our deceased members, friends, supporters and their families.



**Heart To Hand in Ireland**, Founded in 1991 and was 29 years running in April, providing for the poorest of the poor. This is an incredible achievement and one only made possible by the generosity of the Irish people. We are very grateful for your support over the years and together we will continue to help those most in need. **In Dublin**, we provide food Aid to *Brother Kevin. Chuain Mhuire Gardner street, The Missionaries Of Charity South Circular Road. WAACC Cuffe Street. Liberties community care. Mendicity, Island Street. Respond Griffith avenue.* **In Arklow and Carlow**, we provide assistance to charities helping families and the homeless. **In Limerick**, we support the following very worthy charities, *Our Lady of Lourdes Community services group, Childers road . Adapt Domestic Abuse Services , Rosbrien. Thomond House Homeless Centre. Southill After School services. St Vincent De Paul Hartstonge St. Mid West Simon Community Careys road. Novas ( Formerly Br Stephen Russel House) McGarry House Limerick. Moyross Community Centre. St Munchins Community Centre Kileely . St Vincent De Paul Drop in Centre. St Vincent De Paul Castleconnell .* Thanks to **Camilla O' Brien** and her team of volunteers for organising, loading and unloading of all food aid deliveries. Thanks to **Munster Logistics** for providing a premises to allow our distributions to take place. Finally a big thank you to **Kieran, Margaret & Myles Doran** for the loading and packing of the Humanitarian Aid deliveries to Albania. This is hard work and work they take great pride in. The lorries are packed with only the best of food, clothes, and other necessary humanitarian aid for the orphanages, shelters' and homeless people. Special thanks to Myles Doran for his daily work with the charity with collections and deliveries all over the country!.



#### STANDING ORDER FORM Date: \_\_\_\_\_

To The Manager Of: \_\_\_\_\_

Branch Address \_\_\_\_\_

**I/We hereby authorise and request you to debit my/our account**  
(Details of the account from which the payment will be made)

Name: \_\_\_\_\_

IBAN: \_\_\_\_\_ BIC: \_\_\_\_\_

#### And to credit the beneficiary/Receiver account.

Account Name: Heart To Hand AIB Arklow Co Wicklow.

**Account No: 03679094**

**BIC: AIBKIE2D**

**IBAN: IE12AIBK93302303679094**

Amount€ \_\_\_\_\_ Start date \_\_\_\_\_

Frequency: Monthly \_\_\_\_\_ Annually \_\_\_\_\_ Other \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

To make your gift to Heart To Hand , please cut out this form and post it to Kieran Byrne Heart To Hand, Scarnagh, Gorey, Co Wexford or Pat Whelan 68 Ard Coillte, Ballina Co Tipperary V94VNRO

#### HEART TO HAND—CONTACT DETAILS

<b>Kieran Byrne:</b>	<b>Pat Whelan:</b>
Scarnagh, Gorey, Co Wexford.	68 Ard Coillte,
Charity No. CHY 11391	Ballina,
Phone 0402 37260	Co Tipperary
Mobile: <b>087 2745570</b>	Mobile: <b>086 8240978</b>
Email: <a href="mailto:kieranbyrne1@gmail.com">kieranbyrne1@gmail.com</a>	Email: <a href="mailto:pat.whelan@omc.ie">pat.whelan@omc.ie</a>
Web: <a href="http://www.hearttohand.net">www.hearttohand.net</a>	

#### HOW YOU CAN DONATE

**Make a donation:** contact any member of Heart To Hand or contact us on 087 2745570 or 086 8240978 or simply log onto our website [www.hearttohand.net](http://www.hearttohand.net) and donate on line.

**Direct debit/Standing Order of your choice.** To set up a direct debit or standing order please complete the form over and return to Heart To Hand , Scarnagh, Gorey, Co Wexford

#### Remember us in your will.

Let your legacy become part of our story by leaving us a gift in your will. Your memory can live on by helping us to help the poorest of the poor.

**Hold a food collection** in your local parish, church, school, workplace or supermarket. Tinned food, pasta, porridge, rice, beans and peas, soup, etc. are especially welcome.